

PADMASAMBHAVA Yoga Class and Workshop booking form

Name _____
 Address _____

 County _____ PostCode _____
 Tel _____ Email _____

Please book me on the following classes (tick box)

Introduction to Yoga Basics	<input type="checkbox"/>	Starting on _____ At _____
1st Year Course	<input type="checkbox"/>	Starting on _____ At _____
2nd Year Course	<input type="checkbox"/>	Starting on _____ At _____
3rd Year Course - Vanessa	<input type="checkbox"/>	Starting on _____ At _____
3rd Year Course - Makita	<input type="checkbox"/>	Starting on _____ At _____
Daytime Yoga	<input type="checkbox"/>	Starting on _____ At _____
Chair Based Class	<input type="checkbox"/>	Starting on _____ At _____
Ammanford - Ebenezer Baptist Chapel	<input type="checkbox"/>	Starting on _____ At _____

Please book me on the following classes or workshops (tick box)

All classes this term are conducted Online apart from the Introduction to Yoga Basics and the Ammanford class. For those unfamiliar with Online classes we offer practice sessions to familiarise and overcome any technical issues.

I enclose payment of £ _____

To place a booking please print out this form, complete & return it to:-

Padmasambhava, 66 Rhosmaen Street, Llandeilo, Carmarthenshire SA19 6EN

Please call **01558 823 842** or email **mail@padma.org.uk** to check availability before completing.

Please send £30 as deposit to book on classes, full payment on workshops.

Cheques made payable to **Padmasambhava** — Thank you

Please contact us by email for account details to make a transfer.

Your Mailing Preferences

Deliver by...

All by Email only
 Brochure by Post Rest by email
 Brochure by post Only

I'm interested in...

Term Brochure
 Workshops
 Retreats
 Chanting/Kirtan