

PADMASAMBHAVA Yoga Class and Workshop booking form

Name _____
 Address _____

 County _____ PostCode _____
 Tel _____ Email _____

Please book me on the following classes (tick box)

Beginners (Please contact us)	<input type="checkbox"/>	Starting on _____ At _____
1st Year Course	<input type="checkbox"/>	Starting on _____ At _____
2nd Year Course	<input type="checkbox"/>	Starting on _____ At _____
3rd Year Course	<input type="checkbox"/>	Starting on _____ At _____
Daytime Yoga	<input type="checkbox"/>	Starting on _____ At _____
Chair Based Class	<input type="checkbox"/>	Starting on _____ At _____

Please book me on the following classes or workshops (tick box)

All classes this term are conducted online using Zoom and are of 5 weeks duration. For those unfamiliar with Zoom classes we offer practice sessions to familiarise and overcome any technical issues.

I enclose payment of £ _____

To place a booking please print out this form, complete & return it to:-

Padmasambhava, 66 Rhosmaen Street, Llandeilo, Carmarthenshire SA19 6EN

Please call **01558 823 842** or email **mail@padma.org.uk** to check availability before completing.

Please send £30 as deposit to book on classes, full payment on workshops.

Cheques made payable to **Padmasambhava** — Thank you

Your Mailing Preferences

Deliver by...

All by Email only
 Brochure by Post Rest by email
 Brochure by post Only

I'm interested in...

Term Brochure
 Workshops
 Retreats
 Chanting/Kirtan