

PADMASAMBHAVA Yoga Class and Workshop booking form

Name _____
Address _____
County _____ PostCode _____
Tel _____ Email _____

Please book me on the following classes (tick box)

Yoga Class in Ammanford	<input type="checkbox"/>	Starting on _____ At _____
Beginners (ongoing) Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
1st Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
2nd Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
3rd Year Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Open Class (daytime) Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Over 50's Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Gentle Yoga Course in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____
Cwrt Henri Course in Reading Room	<input type="checkbox"/>	Starting on _____ At _____
Chair Based Yoga at Maes Elfryn in Llandeilo	<input type="checkbox"/>	Starting on _____ At _____

Please book me on the following workshops (tick box)

The Golden Thread - Sadhana and the Rhythms of Nature	<input type="checkbox"/>	Starting on 9th November - onward
	<input type="checkbox"/>	

I enclose payment of £_____

To place a booking please print out this form, complete & return it to:-

Padmasambhava, 66 Rhosmaen Street, Llandeilo, Carmarthenshire SA19 6EN

Please call **01558 823 842** or email mail@padma.org.uk to check availability before completing.

Please send £30 as deposit to book on classes, full payment on workshops.

Cheques made payable to **Padmasambhava** — Thank you

Your Mailing Preferences

Deliver by...

All by Email only	<input type="checkbox"/>
Brochure by Post Rest by email	<input type="checkbox"/>
Brochure by post Only	<input type="checkbox"/>
	<input type="checkbox"/>

I'm interested in...

Term Brochure	<input type="checkbox"/>
Workshops	<input type="checkbox"/>
Retreats	<input type="checkbox"/>
Chanting/Kirtan	<input type="checkbox"/>